

IN THE DISTRICT COURT IN AND FOR TULSA COUNTY  
STATE OF OKLAHOMA

\_\_\_\_\_, )  
 )  
Plaintiff, [ ] Mother [ ] Father, )  
 )  
vs. ) Case No. FD-\_\_\_\_\_  
 )  
\_\_\_\_\_, ) Judge \_\_\_\_\_  
 )  
Defendant, [ ] Mother [ ] Father. )

**PARENTING PLAN ORDER**

- Proposed by \_\_\_\_\_.
- Temporary Order
- Final Order (subject to future modifications)

Children (include date of birth):

- a. \_\_\_\_\_ d. \_\_\_\_\_
- b. \_\_\_\_\_ e. \_\_\_\_\_
- c. \_\_\_\_\_ f. \_\_\_\_\_

**1. Legal Custody:**

It is in the best interest of the child(ren) that legal custody be granted as: (check only one)

- Jointly to both parents
- To Mother
- To Father



***Children have the right to a continuing relationship with both parents. They benefit from the unique care and guidance they receive from both their mother and father.***

2. **Decision Making:**

Decisions regarding care and control, education, health and religion of the child(ren) shall be as follows:

- Joint by both parents.
- Mother will make final decisions.
- Father will make final decisions.

3. **Time Sharing with Child(ren):**

a. **Weekdays** - The child(ren) will be with Mother or Father (circle one) during the week, except when with the other parent from:

\_\_\_\_\_ to \_\_\_\_\_.  
(day/time) (day/time)

b. **Weekends** –

The child(ren)'s weekends will alternate between Mother and Father

OR

Other: \_\_\_\_\_  
\_\_\_\_\_



*Children will seek direction from the parent who has a positive attitude.*

c. **Holidays** -

Easter:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_\_.

Memorial Day:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_\_.

Mother's Day to Mother:  
Beginning \_\_\_\_\_, ending \_\_\_\_\_

Father's Day to Father:  
Beginning \_\_\_\_\_, ending \_\_\_\_\_

July 4th:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Labor Day:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_\_.

Halloween:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Thanksgiving:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Christmas Eve:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Christmas Day:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Other days of Winter vacation:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Child(ren)'s Birthday(s):  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Parents' Birthdays:  
The children shall be with each parent on his/her birthday each year.  
For Mother's birthday - beginning \_\_\_\_\_, ending \_\_\_\_\_  
For Father's birthday - beginning \_\_\_\_\_, ending \_\_\_\_\_

Spring Break:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Fall Break:  Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

School recess which occurs on Monday, or Thursday and/or Friday shall be:  
 Attached to weekend plan  
OR  
 Other: \_\_\_\_\_

Other Holidays: \_\_\_\_\_  
 Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Other Holidays: \_\_\_\_\_  
 Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Other Holidays: \_\_\_\_\_  
 Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.

Other Holidays: \_\_\_\_\_  
 Split  Alternate yearly  
Beginning \_\_\_\_\_, ending \_\_\_\_\_  
The child/children shall be with  Mother  Father beginning in \_\_\_\_.



***Children need stability when changing between households.  
Send them with the proper clothing and personal items.***

d. **Summer or School Intercession** –

Traditional school/summers:

Time with Mother: \_\_\_\_\_  
\_\_\_\_\_

Time with Father: \_\_\_\_\_  
\_\_\_\_\_

Year round school intercessions:

Time with Mother: \_\_\_\_\_  
\_\_\_\_\_

Time with Father: \_\_\_\_\_  
\_\_\_\_\_

e. **Other Visitation** -

There shall be such other sharing of the child/children as mutually agreed upon by the parents.

f. **Telephone Contact** -

Telephone contact shall be available to both parents at all reasonable times.

OR

Other: \_\_\_\_\_

g. **Transportation/Exchanges** - \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.



*From time to time there may be disagreements in the schedule. Resolve those in the same way you would want your child to learn to resolve conflicts in his/her life.*

h. **Conflicts in Scheduling** -

- (1) Sometimes 'holiday' time may conflict with time set aside for the other parent. When this happens, the holiday time shall be observed over all other schedules. For example, if it is Mother's alternating weekend, but Father's Labor Day weekend, Mother will lose her weekend.
- (2) Each parent shall get approval from the other parent before planning enrichment activities, such as music lessons or sporting activities, when these activities fall on the other parent's time. Both parents are reminded, however, that children should be allowed to live as normal of a life as possible even though the parents do not live together.
- (3) The parties shall seek mediation in a timely manner, when conflicts cannot be resolved.

**4. Child Care:**

The proportion of child care owed by a parent is determined by the divorce decree. The payment is due at the time the child care provider requires payment. Both parties shall have equal access to any information given by the child care provider, including bills, progress reports, etc.

If child care is needed by one parent, the other parent should be the first choice to provide that child care.



*It is painful to a child when a parent criticizes the other parent or members of the other parent's family.*

**5. Medical Care:**

- a. Either parent available at the time of an emergency shall take the child for emergency care. That parent shall use, when available, the child's primary care provider.
- b. In non-emergency situations, the following parent shall take the child(ren) for medical checkups and treatment:

Mother

Father

Shared between both parents

- c. Promptly notify the other parent of any treatment or illness affecting the medical or mental health of the child(ren).
- d. Statements of medical expenses and medical procedures shall be provided to the other parent within 7 days.
- e. Information about the child(ren)'s medication shall be exchanged at least by the time the other parent is to have the child.
- f. If the primary provider of the child(ren)'s health care changes, including medical, dental, counseling and eye care, then the following parent shall notify the other parent immediately:
  - Mother
  - Father
- g. The parent responsible for health insurance shall keep the other parent informed of the name and address of the company, any changes in benefits, the need for pre-admittance notices, and the proper information needed to file a claim.



*Children like both parents to be involved. Remember to let the other parent know dates and times of each event.*

**6. Communication About Important Things in the Child(ren)'s Life:**

- a. Whichever parent receives information, including reports and notices, about the child(ren) from a doctor, counselor, school, church, extra-curricular activity or function, it is that parent's duty to send a copy to the other parent within 7 days. If a shorter time is necessary to notify the other parent of a conference, open house, sporting event, school play or other type of activity, then the communication shall be in enough time for that parent to attend.
- b. By law, both parents shall have access to medical and school records. 10 O.S. § 5.2.
- c. Mother and Father shall be listed at school, and other appropriate places, as person(s) to be notified in case of an emergency. Their names, telephone numbers and addresses shall be listed on all school, caretaker, healthcare provider and activity records.
- d. Each parent shall always keep the other informed of his/her actual address of residence, mailing address if different, home and work telephone numbers. Any changes shall be communicated immediately.
- e. All marital, child sharing, court related and financial communications between the parents shall occur at a time when the child(ren) is not present or within hearing range. Communication

regarding these issues shall not occur at times of exchanges of the child(ren) or during telephone visits with the child(ren).



**7. Future Considerations:**

a. Changing the child(ren)'s residence:

Neither parent shall move the residence of the child(ren) out of Tulsa County without giving the other parent sixty (60) days written notice.

Neither parent shall move the residence of child(ren) out of Tulsa County without first obtaining the written permission of the other parent or order of the court.

b. Both parties will review this Plan together every two (2) years, or as needed. If changes need to be made, then the parties should submit the agreed revisions to the Court in an amended parenting plan.

c. Either parent may request mediation on any future parenting issues.

d. All prior orders not in conflict with this Parenting Plan shall remain in full force and effect.



*Use the same degree of consideration, respect and kindness toward the other parent that you expect in return.*

**8. The following have attended the “Helping Children Cope With Divorce” seminar:**

Mother                       Father

OR

Mother  Father is ordered to attend by \_\_\_\_\_.

**9. Additional Items:**

[ ]: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The foregoing Plan is adopted by the Court as an order of this Court. The parties are hereby ordered to abide by the terms herein.

\_\_\_\_\_  
Judge of the District Court

Date \_\_\_\_\_

**SIGNATURES OF THOSE SUBMITTING PLAN:**

By signing this Parenting Plan, Father and/or Mother state that he/she has read the foregoing Plan, that he/she knows the contents thereof, that he/she understands and agrees to all provisions therein, and he/she agrees to abide by the terms of the Parenting Plan.

**Must be notarized. Notary see next page.**

\_\_\_\_\_  
Father

\_\_\_\_\_  
Mother

\_\_\_\_\_  
Father's Attorney

\_\_\_\_\_  
Mother's Attorney

STATE OF OKLAHOMA    )  
                                    ) ss.  
COUNTY OF TULSA     )

Before me, a Notary public in and for the County and State aforesaid, on this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_, personally appeared \_\_\_\_\_ to me known to be the identical person who executed the within and foregoing Plan as the **FATHER** and acknowledged to me that he executed the same as his free and voluntary act and deed for the uses and purposes therein set forth.

IN WITNESS WHEREOF, I have hereunto set my hand and official seal the day and year last written above.

\_\_\_\_\_  
Notary Public

My Commission Expires:  
\_\_\_\_\_

STATE OF OKLAHOMA    )  
                                    ) ss.  
COUNTY OF TULSA     )

Before me, a Notary public in and for the County and State aforesaid, on this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_, personally appeared \_\_\_\_\_ to me known to be the identical person who executed the within and foregoing Plan as the **MOTHER** and acknowledged to me that she executed the same as her free and voluntary act and deed for the uses and purposes therein set forth.

IN WITNESS WHEREOF, I have hereunto set my hand and official seal the day and year last written above.

\_\_\_\_\_  
Notary Public

My Commission Expires:  
\_\_\_\_\_